

Sermon Notes

Pastor Jon Cooke

Sermon Series: Christians Connecting in Community

Title: Bearing One Another's Burdens

Scripture Text: Galatians 6:1-10

1. There is a distinct difference between burdens and carrying your own load.
 - a. The burden referred to in verse 2 is a heavy weight of concern that extends outside the normal load of life.
 - b. The load we are called to carry in verse 5 are the normal responsibilities that are apart of every person's life.
2. God commands us to bear one another's burdens.
 - You cannot help bear another person's burdens unless you are willing to become close to them.
 - This is the greatest challenge: Transparency and Compassion
 - The one carrying the weight opening up to others. The one needing to bear the burden opening themselves up to moving closer to those carrying heavy loads.
 - Bearing one another's burdens is getting close enough to listen. It involves identifying with a brother or sister's personal struggle and allowing them to the freedom to basically unload some of the pain they are carrying in life.
 - It's not intended to saddle you with a long term responsibility of counseling someone. It may allow your the opportunity help refer a burdened person to other resources that may prove beneficial in helping the person to experience relief.
3. Bearing one another's burdens fulfills the law of Christ. It's the law that says, "Love your neighbor as yourself and love one another as I have loved you."
 - It's simply willingness to connect with someone we love to assist them as they work through a difficult moment in life.